

REST IN HIM

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*There is a time for everything,
And a season for every activity under Heaven:
A time to speak, and a time to be silent.
Ecclesiastes 3:1, 7*

WHAT DOES JESUS TELL HIS FOLLOWERS TO DO IN MARK 6:31?

REMEMBER THAT WHEN WE CHOOSE TO “COME AWAY” WITH JESUS BY OURSELVES, WE ARE NEVER TRULY ALONE. WHO IS WITH US AND WHO GIVES US REST, ACCORDING TO EXODUS 33:14?

THE REST THAT GOD GIVES US GOES WAY BEYOND TAKING A LITTLE CAT NAP, THOUGH IT DOES INCLUDE PHYSICAL REST. WRITE HEBREWS 4:10 HERE:

FOLLOWING GOD’S WAYS AND ENTERING HIS REST ALSO BRINGS REST FOR THE SOUL (SEE JEREMIAH 6:16). WHAT DO YOU THINK “REST FOR THE SOUL” LOOKS LIKE?

CHOOSING GOD’S PLANS FOR OUR LIVES IS OFTEN DESCRIBED AS “FEAR OF THE LORD” IN THE BIBLE. WHAT DOES FEAR OF THE LORD LEAD TO, ACCORDING TO PROVERBS 19:23?

PROVERBS 19:23 DOESN’T PROMISE THAT WE’LL NEVER HAVE TROUBLES. IT REMINDS US THAT OUR PEACE AND CONTENTMENT DO NOT HAVE TO BE TOUCHED WHEN THE TROUBLES DO COME.

HOW WOULD YOU DESCRIBE “RESTING CONTENT” THROUGH A TRIAL?

WRITE PSALM 46:10 HERE:

BEING STILL BEFORE GOD TAKES TRUST. WHAT PROMISE DOES SCRIPTURE MAKE IN ROMANS 10:11?

WHAT GIFT ARE WE TOLD THAT GOD GIVES THOSE WHO TRUST IN HIM, ACCORDING TO ISAIAH 26:3?

COULD YOU STAND TO HAVE A LITTLE MORE PEACE IN YOUR LIFE RIGHT ABOUT NOW? IS THERE A SPECIFIC SITUATION YOU WANT TO BRING BEFORE GOD TODAY?

WHAT DOES 1 CORINTHIANS 14:33 TELL US ABOUT GOD?

JESUS IS OUR PRINCE OF PEACE (SEE ISAIAH 9:6). WHAT DOES HE, HIMSELF TELL US IN JOHN 16:33?

WHAT ARE WE TO DO IF WE WANT TO EXPERIENCE HIS PEACE; THE PEACE THAT SURPASSES ALL UNDERSTANDING (PHILIPPIANS 4:7)? READ MATTHEW 11:28-30, AND RECORD THE THREE THINGS WE ARE TOLD TO DO HERE:

WHEN WE **COME TO JESUS, TAKE HIS YOKE UPON US, AND LEARN FROM HIM**, WHAT DOES HE PROMISE TO GIVE US IN RETURN (ALSO FOUND IN MATTHEW 11:28-30)?

WILL YOU COME TO HIM NOW? HE PROMISES TO BE GENTLE, AND HE WANTS TO LIGHTEN YOUR LOAD. BRING HIM YOUR HEART, AND EXPECT TO HEAR DIRECTLY FROM HIS. CONSIDER BY BEGINNING WITH THE PRAYER OF DAVID FOUND IN PSALM 5:1-3.

GOD HEARS YOUR VOICE. WHAT ARE YOUR REQUESTS? WRITE THEM OUT IN A LETTER TO HIM HERE:

WRITE OUT JAMES 1:17 HERE:

OF ALL THE GIFTS GOD LONGS TO GIVE US, ETERNAL SALVATION IS BY FAR THE GREATEST. HAVE YOU ACCEPTED THIS PRECIOUS GIFT ALREADY?

IF YOU HAVEN'T, ARE YOU READY TO DO SO TODAY? CHOOSING JESUS AS YOUR LORD AND SAVIOR GUARANTEES AN ETERNITY IN HEAVEN WITH HIM AND PEACE ON EARTH IN THE MEANTIME.

WRITE OUT ROMANS 10:9 TO DISCOVER WHAT YOU NEED TO DO IN ORDER TO BE SAVED.

ACCEPTING SALVATION IS JUST A PRAYER AWAY. CONSIDER PRAYING THIS SIMPLE PRAYER NOW:

God, forgive me for my sins. I believe that Jesus is Lord, that He died for me, and that Jesus was raised from the dead for me. I accept Your gift of salvation. Please show me how to follow You.

IF YOU HAVE GIVEN YOUR HEART TO JESUS — BE IT RIGHT NOW OR LONG AGO — THANK GOD FOR HIS INCREDIBLE GIFT OF SALVATION, AND ASK HIM WHO HE'D LIKE YOU TO TELL ABOUT IT. WHAT BETTER GIFT COULD YOU GIVE YOUR FAMILY AND FRIENDS THAN SHARING THE TRUTH ABOUT JESUS CHRIST?

NOW SPEND A FEW MOMENTS IN PRAYER ASKING JESUS WHAT HE WANTS FROM YOU THIS YEAR. WHAT SPECIAL GIFT COULD YOU ALONE BRING TO HIM?

WRITE OUT JESUS' OWN WORDS FOUND IN MATTHEW 19:26.

GIVE HIM YOUR GIFT, THEN REST IN HIM. WITH GOD, ALL THINGS ARE POSSIBLE. LIVE DANGEROUSLY, AND BELIEVE IT!